

# LINCOLN PUBLIC SCHOOLS

## Parent and Student Consent Record

School Year: 20\_\_\_\_ - 20\_\_\_\_ Student ID: \_\_\_\_\_ Name of Student: \_\_\_\_\_  
School: \_\_\_\_\_ Grade: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

The undersigned(s) are the Student and the parent(s), guardian(s), or person(s) in charge of the above named Student and are collectively referred to as "Parent".

The Parent and Student hereby:

- (1) understand and agree that participation in Lincoln Public Schools NSAA-sponsored activities is voluntary on the part of the Student and is a privilege;
- (2) understand and agree that by this Consent Form, (a) Lincoln Public Schools has provided to the Parent and Student of the existence of potential dangers associated with athletic participation; (b) participation in any athletic activity may involve injury of some type; (c) the severity of such injury can range from minor cuts, bruises, sprains, and muscle strains to more serious injuries to the body's bones, joints, ligaments, tendons, or muscles, to catastrophic injuries to the head, neck and spinal cord, and on rare occasions, injuries so severe as to result in total disability, paralysis and death; and, (d) even the best coaching, the use of the best protective equipment and strict observance of rules, injuries are still a possibility;
- (3) acknowledge that Parents are obligated to pay for professional medical and/or related services; the school shall not be liable for payment of such services. We give permission to any and all of the Student's health care providers and Lincoln Public Schools and its employees, staff, agents, and consultants to release and discuss all records and information about the Student including otherwise confidential medical information and records. We understand that this release has been requested and may be used for the purpose of determining eligibility pertaining to activities participation, fitness, injury, injury status, or emergency;
- (4) consent and agree to participation of the Student in NSAA activities subject to all NSAA by-laws and rules interpretations for participation in NSAA-sponsored activities, and the activities rules of the Lincoln Public School for which the Student is participating;
- (5) consent and agree to (a) the disclosure by the school at which the Student is enrolled to the NSAA, and subsequent disclosure by the NSAA, of information regarding the Student, including the student's name, address, telephone listing, electronic mail address, photograph, date of and place of birth, major fields of study, dates of attendance, grade level, enrollment status (e.g., full-time or part-time), participation in officially recognized activities and sports, weight and height of as a member of athletic teams, degrees, honors and awards received, statistics regarding performance, records or documentation related to eligibility for NSAA-sponsored activities, medical records, and any other information related to the Student's participation in NSAA-sponsored activities; (b) release of academic information including grade point average, class rank, and any academic awards/recognition received by the Student for the purpose of recognizing excellence in both athletics and academics. Most typically this information will be used by newspapers, school publications, for awards banquets or assemblies, and for all-conference and all-state awards; (c) the Student being photographed, video recorded, audio taped, or recorded by any other means while participating in NSAA activities and contests, consent to and waive any privacy rights with regard to the display of such recordings, and waive any claims of ownership or other rights with regard to such photographs or recordings or to the broadcast, sale or display of such photographs or recordings; and,
- (6) understand that activities may be conducted at a location other than the Student's school of attendance. The school and district will not provide in-town transportation between the school of attendance and the site of the extra-curricular activity and understand that transportation to the site of the activity is the responsibility of the Student and/or Parent, and may involve transportation by a private vehicle driven by others.

Having read the warning in paragraph (2) above and understanding the potential risk of injury, we hereby give permission for Student to practice and compete for the above named high school in activities approved by the NSAA, *except those crossed out below*:

Baseball	Golf	Tennis	Debate
Basketball	Soccer	Track	Journalism
Cross Country	Swimming/Diving	Volleyball	Play Production
Football	Softball	Wrestling	Speech
Unified Bowling		Vocal Music	Instrumental Music

We acknowledge that we have read paragraphs (1) through (6) above, and the Parent Consent Information for Participation in Activities, the Code of Conduct, Student School Expectations, and concussion information and understand and agree to the terms thereof, including the warning of potential risk of injury inherent in participation in athletic activities.

DATED this \_\_\_\_\_ day of \_\_\_\_\_, \_\_\_\_\_

\_\_\_\_\_  
Student Name (Print Name)

\_\_\_\_\_  
Parent Name (Print Name)

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent Signature

# Lincoln Public Schools EXTRACURRICULAR ACTIVITIES CODE OF CONDUCT

## Department of Athletics and Activities

### Extracurricular Activities Code of Conduct

This policy is supplemental to Lincoln Public Schools policy 5480 and any action taken hereunder may be in addition to any action taken under 5480.

**Purpose of the Code of Conduct.** Participation in extracurricular activities is a privilege. The privilege carries with it responsibilities to the school, team, student body and the community. Participants are not only representing themselves, but also their school and community in all of their actions. Others judge our school on the student participants' conduct and attitudes and how they contribute to our school spirit and community image.

The student participants' performance and devotion to high ideals and values make their school and community proud. Consequently, participation is dependent upon adherence to this Code of Conduct and the School District's policies, procedures and rules.

### Scope of the Code of Conduct

**Activities subject to the Code of Conduct:** The Code of Conduct applies to all extracurricular activities. Extracurricular activities means student activities or organizations which are supervised or administered by the School District which do not count toward graduation or grade advancement and in which participation is not otherwise required by the school.

**Extracurricular activities include, but are not limited to:** all activities identified in policy 6700, intramurals and other school-sponsored organizations and activities or those designated as such by the Associate Superintendent for Instruction. The Code of Conduct also applies to participation in school-sponsored activities such as school dances.

**A participant means a student who participates in, has participated in or will participate in an extracurricular activity.**

**When:** The Code of Conduct rules apply to conduct which occurs at any time during the school year, and also includes the timeframe which begins with the official starting day of the fall sport season or activity established by the NSAA and extends to the last day of the spring sport or activity season established by the NSAA, if any, whether or not the student is a participant in an activity at the time of such conduct. The rules also apply when a student is participating or scheduled to participate in an extracurricular activity that is held outside the school year or the NSAA season. For example, if a student in a Career and Technical Student Organization plans to participate in a conference in July and commits a Code of Conduct infraction in June, the student may be suspended from participating in the conference. Conduct during the summer months may also affect a student's participation under the team selection and playing time guidelines.

**Where:** The Code of Conduct rules apply regardless of whether the conduct occurs on or off school grounds. If the conduct occurs on school grounds, at a school function or event, or in a school vehicle, the student may also be subject to further discipline under the general student code of conduct. A student who is suspended or expelled shall not be permitted to participate in activities during the period of the suspension or expulsion and may also receive an extended activity suspension.

**Grounds for Extracurricular Activity Discipline.** Students who participate in extracurricular activities are expected to demonstrate cooperation, patience, pride, character, self-respect, self-discipline, teamwork, sportsmanship and respect for authority. The following conduct rules have been determined by the Lincoln Board of Education to be reasonably necessary to aid students, further school purposes and prevent interference with the educational process. Such conduct constitutes grounds for suspension from participation in extracurricular activities and grounds for other restrictions or disciplinary measures related to extracurricular activity participation.

1. Willfully disobeying any reasonable written or oral request of a school staff member or the voicing of disrespect to those in authority.
2. The use of violence, force, coercion, threat, intimidation, hazing, harassment or other conduct done in a manner that constitutes a substantial

interference with school purposes or making any communication that a reasonable recipient would interpret as a serious expression of an intent to harm or cause injury to another.

3. Willfully causing or attempting to cause substantial damage to property, including the setting of a fire of any magnitude, stealing or attempting to steal property of substantial value or repeated damage or theft involving property.
4. Causing or attempting to cause personal injury to any person including, without limitation, any school employee, school volunteer, or student.
5. Threatening or intimidating any student for the purpose of, or with the intent of, obtaining money or anything of value from such student or making a threat which causes or may be expected to cause a disruption to school operations.
6. Knowingly possessing, handling, or transmitting any object or material that is ordinarily or generally considered a weapon or that has the appearance of a weapon or bringing or possessing any explosive device, including fireworks.
7. Engaging in the selling, using, possessing or dispensing of alcohol, tobacco, narcotics, drugs, controlled substance, inhalant or being under the influence of any of the above; or possession of drug paraphernalia. Tobacco means any tobacco product (including, but not limited to, cigarettes, cigars and chewing tobacco), vapor products (such as e-cigarettes), alternative nicotine products, tobacco product lookalikes and products intended to replicate tobacco products either by appearance or effect. Use of a controlled substance in the manner prescribed for the student by the student's physician is not a violation. The term "under the influence" has a less strict meaning than it does under criminal law. For school purposes, the term means any level of impairment and includes even the odor of alcohol or illegal substances on the breath or person of a student; also, it includes being impaired by reason of the abuse of any material used as a stimulant.
8. Engaging in the selling, using, possessing or dispensing of an imitation controlled substance as defined in section 28-401 of the Nebraska statutes or material represented to be alcohol, narcotics, drugs, controlled substance or inhalant.
9. Truancy or failure to attend assigned classes or assigned activities.
10. Tardiness to school, assigned classes or assigned activities.
11. The use of language, written or oral, or conduct, including gestures, which is profane or abusive to students or staff members. Profane or abusive language or conduct includes, but is not limited to, that which is commonly understood and intended to be derogatory toward a group or individual based upon economic status, race, ethnic background, culture, gender, gender identification, sexual orientation, religion, age or ability.
12. Public indecency and sexual conduct.
13. Repeated violation of any of the rules adopted by the School District or the school.
14. Engaging in any unlawful activity which constitutes a danger to other students or interferes with school purposes.
15. Dressing or grooming in a manner wherein such dress is dangerous to the student's health and safety or to the health and safety of others or repeated violations of the student dress and grooming standards; dressing, grooming, or engaging in speech that is lewd or indecent, vulgar, or plainly offensive; dressing, grooming, or engaging in speech that school officials reasonably conclude will materially and substantially disrupt the work and discipline of the school; or dressing, grooming or engaging in speech that a reasonable observer would interpret as advocating illegal drug use.
16. Willfully violating the behavioral expectations for those students riding Lincoln Public Schools buses.
17. Recording the image or voice of another person with an electronic device, without the express permission of the person recorded, or the failure to promptly delete such a recording following the request of the person recorded.
18. Plagiarism or copyright infringement by students is considered academic dishonesty, is prohibited and may result in disciplinary action including expulsion from school.
19. Violation of technology guidelines.

20. **Bullying.** Bullying is defined as any ongoing pattern of unwanted aggressive behavior by an individual or a number of individuals which may include physical, verbal or electronic abuse on school grounds, in a vehicle owned, leased or contracted by the school being used for a school purpose by a school employee or designee or at a school-sponsored activity or a school-sponsored athletic event.
21. **Sexually assaulting or attempting to sexually assault any person.** This conduct may result in an expulsion regardless of the time or location of the offense, if a complaint alleging such conduct is filed in a court of competent jurisdiction.
22. **Knowingly and intentionally using force in causing or attempting to cause personal injury to a school employee, school volunteer or a student, except if caused by accident, self-defense or on the reasonable belief that the force used was necessary to protect some other person and the extent of the force used was reasonably believed to be necessary.**
23. **Knowingly and intentionally possessing, using, or transmitting a dangerous weapon other than a firearm.**
24. **Knowingly and intentionally possessing, using or transmitting a firearm on school grounds, in a school-owned or -utilized vehicle or during an educational function or event off school grounds or at a school-sponsored activity or athletic event.** "Firearm" means a firearm as defined in 18 U.S.C. 921, as that statute existed on January 1, 1995. That statute includes the following statement: "The term 'firearm' means (a) any weapon (including a starter gun) which will or is designed to or may readily be converted to expel a projectile by the action of an explosive; (b) the frame or receiver of any such weapon; (c) any firearm muffler or firearm silencer; or (d) any destructive device."
25. **Failure to follow all other reasonable rules or regulations adopted by the coach or supervisor of an extracurricular activity, provided that participants shall be informed by the coach or supervisor of such rules and regulations by written handouts or posting on bulletin boards prior to the beginning of the season.**
26. **Failure to comply with any rule established by the Nebraska School Activities Association including, but not limited to, rules related to eligibility.**
27. **Failure to participate in regularly scheduled classes on the day of an athletic activity/event.**
28. **Failure to attend all scheduled practices and meetings. If circumstances arise to prevent the participant's attendance, the coach will determine the validity of the reason. Every reasonable effort should be made to notify the coach or supervisor prior to all missed practices or meetings.**
29. **Failure to observe good sportsmanship during practice sessions and contests.**

All terms used in the Code of Conduct have a less strict meaning than under criminal law and are subject to reasonable interpretation by school officials.

#### **Drug, Tobacco and Alcohol Violations**

##### **Meaning of Terms**

"Use" or "consume" includes any level of consumption or use. Use of a controlled substance in the manner prescribed for the student by the student's physician is not a violation.

"Under the influence" means any level of impairment and includes even the odor of alcohol on the breath or person of a student, or the odor of an illicit drug on the student. Also, it includes being impaired by reason of the abuse of any material used as a stimulant.

"Possession" includes having control of the substance and also includes being in the same area where the substance is present and no responsible adult is present and responsible for the substance. Possession includes situations where, for example:

1. Alcohol is in a vehicle in which the student is present. The student is considered to be in possession if the student is aware that the alcohol is in the vehicle, even though the student has not touched or consumed the alcohol; or
2. Alcohol is present at a party attended by the student. The student is considered to be in possession if a student is aware that alcohol is at the party and fails to immediately leave the party, even though the student has not touched or consumed the alcohol.

In these situations, a violation would not exist if the alcohol is in the control of a parent or guardian or other responsible adult (age 21 or older) such that students are not allowed to access the alcohol.

**Determining a Violation has Occurred.** A violation of the Code of Conduct will be determined to have occurred:

1. When a student is cited by law enforcement and school officials have a reasonable basis for determining that grounds for the issuance of the citation exist.
2. When a student is convicted of a criminal offense (conviction includes, without limitation, a plea of no contest and an adjudication of delinquency by the juvenile court).
3. When a student admits to violating one of the standards of the Code of Conduct.
4. When a student is accused by another person of violating one of the standards of the Code of Conduct and school officials determine that such information is reliable.
5. When school officials otherwise find sufficient evidence to support a determination that a violation has occurred.

**Self Reporting.** A student who violates the Code of Conduct must self-report. A failure to self-report will lead to a longer suspension or other discipline. The self-report must be made to the principal, athletic director or the head coach or sponsor of an activity in which the student participates. The student's parent or guardian may initiate the self-reporting process, but the student will be later required to give a written statement of the self-report. The self-report must be made the earlier of: (1) before the end of the next school day after the conduct occurred and (2) before participation in an extracurricular activity.

In making a self-report, the student must identify the events that took place, what conduct the student engaged in, and any witnesses to the student's conduct, and will be required to put this information in a written statement. In the event the student has received a criminal citation, charge or ticket, and proclaims innocence of a violation, the student will be required to self-report such offense and provide information as to why they should be found innocent, not as it relates to the criminal offense, but as it relates to the Code of Conduct.

All students are expected to be honest and forthright with school officials. In the event the coach or activity sponsor or any school administrator asks a student participant for information pertaining to compliance (or lack of compliance) by the student or other student participants with the Code of Conduct or eligibility conditions for participation in activities, the student is expected to fully, completely and honestly provide the information and may be disciplined for a failure to be honest and forthright.

#### **Consequences**

Students who violate the Code of Conduct or coach or sponsor rules or regulations may be disciplined by suspension for up to one calendar year from the date of the finding or violation.

**When Suspensions Begin.** All suspensions begin with the next scheduled activity in which the student is a participant, after the determination by school officials of the sanction to be imposed; provided that the school officials shall have the discretion to establish a time period for the suspension that makes the suspension have a real consequence for the student. During a suspension, participants may be required or permitted to practice at the sole discretion of the coach or activity sponsor. Suspensions in the Spring will be carried over to the Fall when the suspension has not been fully served or when determined appropriate for the suspension to have a real consequence for the student. Suspension incurred in one school will be enforced at any subsequent schools if students transfer while under suspension.

**Letters and Post-Season Honors.** A student who commits a Code of Conduct violation is:

1. eligible to letter, provided the student meets the criteria of the coach or sponsor.
2. not eligible to receive honors during the sport or activity in which they are participating at the time of the offense and/or in sports or activities in which they have been suspended due to a code violation; provided that the coach/sponsor, with the principal's approval, may make an exception where the student has self-reported.

## Regulation 6740.1

**INSTRUCTIONAL PROGRAM****Procedures for Suspension**

Students may be suspended by the principal or his/her designee from practices or participation in interscholastic competition or participation in co-curricular activities for violation of rules and standards of behavior adopted by the Lincoln Board of Education or the administrative staff of the school.

The following procedure shall be followed with regard to suspension:

1. The party considering the suspension shall make a reasonable investigation of the facts and circumstances. In addition, suspension shall be made only after a determination that the suspension is necessary to help any student, to further school purposes, or to prevent an interference with school purpose.
2. Prior to commencement of the suspension, the student shall be given oral or written notice of the charges against the student. The student shall be advised of what the student is accused of having done, and the basis of the accusation, and an explanation of the evidence the authorities have.
3. The student shall be afforded the opportunity to explain the student's version of the facts to the person effecting the suspension.
4. Within 24 hours or such additional time as is reasonably necessary following suspension, the principal or his/her designee shall send a written statement to the student, student's parents, or guardian describing the student's conduct, misconduct or violation of the rule or standard and the reason for the action taken and the right to a hearing upon request on the specified charges.
5. An opportunity shall be afforded the student, parents or guardian of the student to confer with regard to the matter with the principal or administrator ordering the suspension.
6. If the student or student's parents/guardian are not satisfied with the determination, an appeal may be made to the building principal.
7. If the student or student's parents/guardian are still not satisfied with the determination, a hearing may be requested before the associate superintendent of instruction or designee. A form or a request for hearing to be signed by such parties and delivered to the associate superintendent of instruction or designee in person or by registered or certified mail. This request must be received by the associate superintendent of instruction within five days of receiving notice of suspension.
8. If a hearing is requested, it shall be held within 10 days of the request and a notice of the time and place of the hearing will be given to the participants, and parents or guardian within five days of receiving the request. There shall be no stay of the penalty imposed pending an appeal.
9. At the hearing, as provided above, should witnesses testify, the participants will be given the opportunity to confront and cross-examine such witnesses. The participant will have the right to have a decision based solely on the evidence presented at the hearing.
10. Upon conclusion of the hearing, a written statement of findings of facts from the hearing will be compiled and a decision rendered within five school days. The statement of finding of fact and decision will be mailed to the participant, parents or guardian. A record of the hearing shall be kept by the school.
11. Nothing contained in this regulation shall prevent the participant, parents, guardian or representative from discussing and settling the matter with the appropriate school personnel at any stage provided herein.

Reviewed and Remains In Effect as Written: 5-6-2015  
 Date of Last Revision: 11-24-2009  
 Related Policies and Regulations: 5480, 5481  
 Legal Reference:

## Regulation 6740.2

**INSTRUCTIONAL PROGRAM****Alcohol, Tobacco and Drug Violation Consequences****First Offense**

**Self-Report:** The student will be ineligible for 14 calendar days of interscholastic competition/ performance with a minimum of the next two competitions/performance dates. During the suspension, the student must schedule a meeting with the school's School Community Intervention Program (SCIP) coordinator and complete an assigned drug education course.

**Non-Report:** The student will be ineligible for 21 calendar days of interscholastic competition/ performance with a minimum of the next three competitions/performance dates. During the suspension, the student must schedule a meeting with the school's SCIP coordinator and complete an assigned drug education course.

**Second Offense**

**Self-Report:** The student will be ineligible for 28 calendar days of interscholastic competition/ performance with a minimum of the next four competitions/performance dates.

**Non-Report:** The student will be ineligible for 42 calendar days of interscholastic competition/ performance with a minimum of the next six competitions/performance dates.

**Next Offense**

The student will be ineligible to participate for one calendar year. If an additional violation occurs within that suspension year, suspension dates will be adjusted based on the most current violation showing one calendar year from the last violation.

**Procedures**

- The suspension begins the day the student is informed of the violation by a school administrator/coach/sponsor.
- Students suspended from competition/performance may still attend and participate in practices. If a performance is associated to a grade, the student will be given an alternative assignment to earn credit points.
- A student enrolling in a diversion program or any other form of criminal disposition in lieu of drug/alcohol charges being filed does not waive any athletic policy suspension the code of conduct mandates.
- If a student/athlete violates the policy, they will be required to serve their full suspension in that season and/or the next activity/sport they participate in during that academic year or subsequent academic years.
- If a student participates in a single activity that has fewer competition/performance dates in the entire year than the minimum number of suspended competitions/performance dates, the principal or designee will determine the consequences, with a minimum of one performance/competition suspension.
- Students who decide to participate in an activity that they normally would not have participated in simply to get their suspension completed, must finish that entire season in good standing. If the student does not finish that season, the suspension will carry over to the next season.
- These offenses are cumulative through the student/athlete's high school career.

**More Serious Violations:** In the event of more serious drug or alcohol violations, such as students engaging in use of especially serious drug offenses (cocaine, meth, etc.) or procuring alcohol for minors, the consequence of the violation is not limited by the foregoing and may be increased at the discretion of the administration.

Date of Last Revision: 5-6-2015  
 Related Policies and Regulations: 5480, 5481  
 Legal Reference:

# PARENTS' CONSENT INFORMATION FOR PARTICIPATION IN ACTIVITIES

## Department of Athletics and Student Activities

Participation in NSAA-sponsored Activities are voluntary on the part of the student and it is a privilege. The Board of Education and the Nebraska School Activities Association requires each student who participates in any phase of the athletic program to have an annual physical examination to be given after May 1 of each year. This certifies that the athlete is qualified for the entire school year: June 1 through the following school year. Physical Examination Report, Parents' Consent Record, Code of Conduct, and any additional school-required forms MUST all be completed and returned to the school Athletic Director prior to any phase of participation.

### Nebraska School Activities Association Rules

In order to represent a Nebraska high school in interscholastic competition, a student must abide by eligibility rules of the Nebraska School Activities Association. A summary of the major rules is given below. If you do not understand a rule summary, or need further explanation of the requirements, please contact the principal or activities director for an explanation of the complete rule.

- Student must be an undergraduate.
- After a student's initial enrollment in grade nine, he/she shall be ineligible after eight semesters of school membership beginning with his/her enrollment in grade nine.
- Student is ineligible if 19 years of age before August 1 of the current school year. (Students in grades 7 or 8 may participate on a high school team if he/she was 15 years of age prior to August 1 of current school year.)
- Student must be enrolled in some high school on or before the 11th day of the current semester.
- Student must be enrolled in at least 20 hours per week and regular in attendance, in accordance with the school's attendance policy at the school he/she wishes to represent in interscholastic competition.
- Student must have been enrolled and received 20 semester hours of school credit the immediate preceding semester.
- Guardianship does not fulfill the definition of a parent. If a guardian has been appointed for a student, the student is eligible in the school district where his/her natural parent(s) have their domicile. Individual situations involving guardianship may be submitted to the Board of Control for their review and a ruling.
- A student entering grade nine for the first time after being promoted from grade eight of a two-year junior high, or a three-year middle school, or entering a high school for the first time after being promoted to grade ten from a three-year junior high school is eligible. After a student makes an initial choice of high schools, any subsequent transfer, unless there has been a change of domicile by his/her parents, shall render the student ineligible for ninety school days. If a student has participated on a high school team at any level as a seventh, eighth, or ninth grade student, he/she has established his/her eligibility at the high school where he/she participated. If the student elects to attend another high school upon entering ninth or tenth grade, he/she shall be ineligible for ninety school days.

Student eligibility related to domicile can be attained in the following manners:

- If the change in domicile by the parents occurs during a school year, the student may remain at the school he/she is attending and be eligible until the end of the school year or transfer to a high school located in the school district where the parents established their domicile and be eligible.
- If the parents moved during the summer months and the student is in grade twelve, the student may remain at the high school he/she has been attending and retain eligibility.
- If a student has been attending the same high school since initial enrollment in grade nine, he/she may remain at that high school and retain eligibility, or he/she is eligible at a high school located in the school district where his/her parents established their domicile.
- If the parents of a student change their domicile from one school district that has a high school to another school district that has a high school, the student shall be eligible immediately in the school district where the parents established their domicile.
- Transfer students who have their Enrollment Option applications signed and filed prior to May 1 shall be eligible immediately in the fall. Those students who do not have their Enrollment Option applications signed and filed prior to May 1 shall be ineligible for ninety school days, with such transfers being subject to hardship waiver guidelines.
- Other non-enrollment option transfer students must have signed and delivered all forms necessary to make such transfer to the school in which he/she intends to enroll for the next school year prior to May 1; for the student to be eligible, the school to which the transfer is being made must have notified the NSAA office

in writing, postmarked not later than May 1. Those students who did not have their enrollment forms signed, delivered and accepted prior to May 1, shall be ineligible for ninety school days, with such transfers being subject to hardship waiver guidelines.

- Once the transfer papers have been signed, filed and the NSAA has been notified, the student could complete that year of eligibility in the school the student was leaving. The student would, however, become ineligible for ninety (90) school days the next fall if the student were to change his/her mind and decide not to transfer.
- Once the season of a sport begins, a student shall participate in practices and compete only in athletic contests/meets in that sport, which are scheduled by his/her school. Any other competition will render the student ineligible for a portion of, or all of, the season in that sport. The season of a sport begins with the first date of practice as permitted by NSAA rules.
- During the season of a particular sport, athletes participating in that sport for a high school may attend, but may not physically take part, either as an individual or as a member of a team, in the sport activity in which instruction is being offered in the clinic, camp or school.
- A student shall not participate on an all-star team while a high school undergraduate.
- A student must maintain his/her amateur status.
- A student shall not participate in a contest under an assumed name.

### Eligibility Determinations

All activity participants are required to have passed a minimum of 20 credit hours for the immediate preceding semester and must currently be taking 20 credit hours of instruction each week. A school's minimum requirements may be greater. Students enrolled in schools with modular scheduling are required to be enrolled in a minimum of 15 credit hours per term and must also pass a minimum of 20 credit hours the previous semester.

The Athletic/Activities Director at each school will act as the Superintendent's designate and shall conduct the initial determination and declaration of eligibility or ineligibility for students who represent that school in interscholastic competition in those activities, which are under the jurisdiction of the Nebraska School Activities Association. If the initial determination is that the student is ineligible, upon request of the student or his/her parent/guardian, the school shall sponsor an appeal on the behalf of the student declared ineligible to the Executive Director of the NSAA for a Hardship Waiver in accordance with NSAA procedure. If the decision of the Executive Director of the NSAA is still unfavorable to the student, upon the student or parent/guardian's request, the school shall continue to sponsor an appeal on behalf of the student to the Board of Directors in accordance with NSAA procedure.

### Participation Risk Awareness

Participation in these activities involves the potential for injury, which is inherent in all sports. Even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions these injuries can be so severe as to result in total disability, paralysis, or even death.

If the student, parents, coach, or athletic trainer feel that the student is not in good physical condition, participation will not be permitted. The school principal and/or athletic director will be notified of the student's physical condition if there is a question regarding participation.

Schools will follow Return to Learn and Return to Play protocols as part of LB260 and LB782 for Concussion Management.

In case of injury received either in practice or a game, the Board of Education will endeavor to furnish temporary first aid only. The school cannot perform or be held responsible for any medical attention, which might be required, nor can it assume or be liable for loss or damage suffered by reason of injuries to pupils. If, in case of injury, the parent or the family physician cannot be located, the staff is authorized to use their best judgment in obtaining competent medical care and service.

Parents are obligated to pay for professional medical and/or related services; the school shall not be liable for the payment of such services. Insurance coverage is recommended for all participants at parents' expense. Parents are urged to purchase the accident coverage they prefer. Insurance information is available in the Athletic Director's office and/or in the main office of the school.

I/we give permission to any and all of the student's health care providers and Lincoln Public Schools and its employees, staff, agents, and consultants to release and discuss all records and information about the student including otherwise confidential medical information and records. I understand that this release has been requested and may be used for the purpose of determining eligibility pertaining to activities participation, fitness, injury, injury status, or emergency.

### **A Statement on Transportation Relating to Student Activities**

It is important that parents be aware that activities may be conducted at a location other than the student's school of attendance.

Various types of transportation may be used in connection with the athletics program of the Lincoln Public Schools. Students may be expected to find their own transportation to and from the event in town. Transportation to the site is the responsibility of the student and/or parent/guardian, and may involve transportation by a private vehicle driven by others.

Students who are transported to participate in other cities are expected to travel to and from the events on school-provided transportation. Students will be returned to the site of departure. Parents or guardians may submit a written request to have a parent personally pick up their student only at the conclusion of the event/tournament.

### **Tryout Process**

The main goal of a competitive athletic program is to put the most-talented members of the team in competition to win the contest. Starting positions and playing time are not guaranteed to anyone making a team. In each program, a coach and/or coaches are hired by the school district to be responsible for team selection, practices and game situations. Team selection criteria are established by the head coach; sometimes with input from the entire coaching staff. This may be a highly subjective process. Due to large schools and limited opportunities we are not able to place every child on a team who wishes to participate. Students selected for a team may participate at their grade level or above, but they are not allowed to play

on a lower level team. For example a freshman may be selected to play on any team: 9th, Reserve, JV or Varsity. Sophomores may participate on Reserve, JV or Varsity, juniors on JV or Varsity and seniors will only be allowed to participate at the Varsity level. Participation on a "select team" does not guarantee any player a spot on any high school team. If you have questions regarding the process, please feel free to address these questions directly to the head coach.

### **Academic Information**

Academic information including grade point average, class rank and any academic awards/recognition received by the student/athlete may be released for the purpose of recognizing excellence in both athletics and academics. Most typically this information will be used by newspapers, school publications and for awards banquets or assemblies, all-conference or all-state awards.

### **Photography**

Students may be photographed, video taped, audio taped, or recorded by any other means while participating in NSAA activities and contests. I/we consent to and waive any privacy rights with regard to the display of such recordings, and waive any claims of ownership or other rights with regard to such photographs or recordings or to the broadcast, sale or display of such photographs or recordings.

### **Sportsmanship**

Good sportsmanship is essential to the success of any athletic program. It is also understood that inappropriate behavior at any Lincoln Public Schools contest may result in removal from the contest and suspension from attending future contests.

### **Social Media**

Students will be held responsible for actions, remarks, writings, pictures, etc. featured on the Internet (Facebook, Twitter, Instagram, Vine, Snapchat, etc.), through texting, email, and any current or future technology device in relation to the code of conduct. This includes things posted by the student, other students, or any other outside sources.